

# Curriculum



**SAMPLE**  
*Authentic Living*

Cooperation  
Availability



### **LEARN: Overview**

Biblical Business Training (“BBT”) equips people to grow in the grace and knowledge of Jesus Christ and empowers leaders in a small-group Bible study setting to apply Biblical principles at work. Our mission is [Faith for Work](#) – and our vision is [Leadership for Life!](#)

To find out more, visit [www.B-B-T.org](http://www.B-B-T.org).

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### **Curriculum: The BBT 1-2-3™ Format**

BBT's curriculum is Biblically-based and applicable the day you study it. The *BBT 1-2-3™* format enables the group to consistently fit a meeting into a busy work week (e.g. before work or over a lunch hour, etc.). The Agenda and Recap are sent through Go!Connect to help group members prepare and continue discussion for accountability.



**Agenda** – Introduces applicable Biblical principles



**Group Leader Guide** – Facilitates discussion and allows for shared leadership



**Recap** – Encourages community and application

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### **LIVE: Apply Biblical principles at work**

Small group discussion begins typically with prayer, reading the Agenda together for context, then reading scripture and discussing the included questions. Questions are chosen to help the members in the study apply the scripture to their workplace and lives through group discussion. The Application Question is for group application and accountability between meetings.

**Sample discussion question:** Read Nehemiah 7:1-3. What do these verses teach you about delegation?

**Sample application question:** In what areas of your life have you been encouraged to do some humble self-evaluation and practice repentance?

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### **LEAD: Start a small-group Bible study**

The Lead question is for holistic life application at work, home, church, and in the community.

**Sample lead question:** Ask Yourself: How can I have the courage to face opposition, engage in necessary confrontation, and encourage others where God has placed me?

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#### **Learn more at:**

Curriculum Samples: <https://b-b-t.org/curriculum/>

Contact a Coach: <https://b-b-t.org/coaching/>

Start Leading: <https://b-b-t.org/startleading/>

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**PRAYERS**



**LEARN**

**Unqualified**

In 1950, an Albanian-born schoolteacher stepped into the classroom in silence, sat down with God in prayer, and said, “Lord, the world seems to be a bit of a mess – how can I help?” Her name was Agnes and she felt God was calling her to work with poor people. But Agnes didn’t go down to her local soup kitchen. Instead, she went into the filth and squalor of the worst neighborhoods. Each day she woke up, worked with the forgotten ones, the poorest of the poor, and cared for them as if they were Jesus himself. Over the next twenty years, news of her work spread and she captured the imagination of the whole world. Most people know Agnes as Mother Teresa. She was loved, admired, and supported by people of all faiths, and by those of no faith. Why? How? Because there is nothing more attractive than when someone lives the teachings of Jesus.

Intriguing, holy lives are those that allow the love and goodness of God to flow through them to others. Mother Teresa did this by living her life collaborating with God and creating moments in time that served others and glorified Him – these are [Holy Moments](#).

**Sleepwalking**

We are all capable of incredible things but too often we don’t even scratch the surface of our capabilities. Is Mother Teresa someone who inspires you? If not, who or what inspires you? Or maybe instead you are sleepwalking through life, unaware of the extraordinary people, moments, and possibilities surrounding you. Are you overly focused on yourself and regularly throw pity-parties? Have you stopped dreaming?

We live in a world with complex problems and we get so intimidated by them that we are tempted to turn to more complexity for answers. However, the essence of Christianity is simple – love God and love people. When we set aside self-interest and make ourselves 100% available to God, He can work powerfully through us. This allows holiness to be possible if we choose it, one moment at a time.



**LIVE**

**Discussion questions:** Read the text and scriptures below, and prepare to answer the questions.

1. Read [Matthew 5:13-16](#). If you were writing your resume for God, what would you think should be included?
2. Read [Philippians 3:5-11](#). What might you learn from Paul as to how to choose Holy Moments?
3. Read [John 13:34-35](#) and [Acts 4:32-35](#). Give examples of how you are igniting your life or have seen someone inspire others with these kinds of best practices that Jesus and His disciples modeled?
4. Read [John 10:10](#) and [1 Corinthians 11:18-22](#). What lies and worldly complexities are keeping you from living out His command for your life?
5. Read [Matthew 7:13-14](#). Talk about a time you wished you took the narrow path or what kind of consequences you faced when you instead took the easy way.

**Application Question:** How much of yourself will you make available to God that He might transform the moments of your day?



**PRAYERS**

**Prayer Requests & Closing Prayer**



PRAYERS

Opening Prayer & Prayer Requests



LEARN

Before you begin, read the AGENDA LEARN introduction together and review the APPLICATION QUESTION from the previous meeting's RECAP.



LIVE

**Discussion Questions:** Have someone read each Bible verse aloud and then ask the corresponding question. Be sure everyone has enough time to find the Scripture before the verse is read.

- 1) Read [Matthew 5:13-16](#). If you were writing your resume for God, what would you think should be included?



God uses those who make themselves available to Him. Jesus didn't call those in positions of authority, wealth, or power; nor the ones with the highest education or qualifications.



Resisting God is to resist our truest self, yet we often abandon Him as our center of influence, afraid to let Jesus truly transform us. Jesus predicted His followers would do more than He could do on His own – a strategy He began with 11 men ([Matthew 28:19-20](#)). Instead of giving 100% of ourselves to Him for transformation, like the disciples, we prefer only tweaking. Tweaking is selective and selfish while transformation is total and selfless.



For additional discussion, you might ask, "What are you afraid of losing or missing out on if you were to make yourself [100% available](#) to Him?"

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- 2) Read [Philippians 3:5-11](#). What might you learn from Paul as to how to choose Holy Moments?



The very things Paul was most proud of were actually the things holding him back from living a holy life. But, after God opened his eyes ([Acts 9:1-30](#)) to the joy that comes from collaborating with Him, Paul learned to live each moment practicing openness and discernment to the promptings of God – and it changed his legacy.



The will of God is to grow in character and virtue based on the example of Jesus. However, we tend to cast it aside as impossible perfection – especially when it causes conflict with others. Regardless of our history, fears, or the judgment of others, every effort we make to live by the example of Jesus is powerful. When we can transform single moments of our day to improving ourselves or serving others, it can not only be multiplied but also have a ripple effect.

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3) Read [John 13:34-35](#) and [Acts 4:32-35](#). Give examples of how you are igniting your life or have seen someone inspire others with these kinds of best practices that Jesus and His disciples modeled?



The first Christians probably didn't hold strategy meetings but instead, relied on the Holy Spirit who helped them live, work, and love differently.



Christians are called to differentiate themselves from the dominant culture by allowing the teachings of Jesus to rearrange their priorities and be manifested in real, practical ways that inspire others. Jesus and His disciples left us a blueprint that reveals the power we hold to change the world. A cold, harsh, deeply impersonal culture pre-occupied with self-interests can be contrasted with warm, inviting, generous, and self-less Christians. Jesus' kind of love is appealing, inspirational, attractive hope for those who do not know Him.



For additional discussion, you might ask, "How would it be different, harder even, to influence others and create change if we had no guide (the Bible) or consultant (the Holy Spirit)?"

Notes:

4) Read [John 10:10](#) and [1 Corinthians 11:18-22](#). What lies and worldly complexities are keeping you from living out His command for your life?



The devil likes to make us believe that our world cannot find unity or create effective, positive change. Sometimes he even tempts us to be the ones causing division.



The mind-set of being overwhelmed is a dominant feeling and tends to place us in a state of inaction. Anyone and everything that is evil or prefers evil on this planet want Christians to feel this way. The gap between the values that come from today's culture is at the opposite end of the spectrum of Christian values. However, when we collaborate with God, He helps us highlight this gap and remain focused on creating hopeful, helpful, and loving moments that inspire and challenge others.



God wants to wake us up, pick us up, nourish and encourage us – see [1 Kings 19:3-8](#) or [Matthew 11:30](#).

Notes:

5) Read [Matthew 7:13-14](#). Talk about a time you wished you took the narrow path or what kind of consequences you faced when you instead took the easy way.



God wants to inspire you, and He is still speaking. Are you listening?



It takes patience to listen and really understand the heart of another person. The Bible helps us know the heart of God and the heart of man – so why don't we spend more time reading His word? Are we afraid of its power to transform our lives? Would we prefer to accept mediocrity instead of taking the narrow road that could overhaul us for our own good and the good of others?

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Application Question: How much of yourself will you make available to God that He might transform the moments of your day?



**PRAYERS**

**Prayer Requests & Closing Prayer**

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**LEAD**

**Ask Yourself:** Which moments in my day am I lazily letting pass by without transforming them into holy, authentic moments?

PLEASE NOTE: This is the final study for this volume of curriculum. There is a link to a brief survey from BBT on the Recap. Please encourage everyone to complete it. Thank you.

**SAMPLE**



**PRAYERS**

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**ROADMAP**

This **BBT** volume of curriculum was adapted with permission from [Matthew Kelly](#) and this lesson reveals how each moment of our day can be holy when we make ourselves available to Him.



**LEARN**

Jesus tells His disciples that they must be transformed to be God's light in the world. Paul had to give up all the things that he had previously been proud of to revel in the holy moments that God sent. The first Christians lived in such a way that they would inspire others to live authentically for God.

Scripture References for this study: [Matthew 5:13-16](#); [Matthew 28:18-20](#); [Philippians 3:5-11](#); [Acts 9:1-30](#); [John 13:34-35](#); [Acts 4:32-35](#); [1 Corinthians 11:18-22](#); [1 Kings 19:3-8](#); [Matthew 11:30](#); and [Matthew 7:13-14](#)



**LIVE**

- Allow Transformation
- Choose Holy Moments
- Inspire Others

Application Question: How much of your day will you make available to God that He might transform the moments of your day?



**LEAD**

**Ask Yourself:** Which moments in my day am I lazily letting pass by without transforming them into holy, authentic moments?

Please complete this brief survey so BBT can better understand if they are providing you with the best service and resources available for applying Biblical principles at work. Thank you!

<https://www.surveymonkey.com/r/102016>